

# Contents

- 5 Preface

## ORIGINAL PAPERS

- 7 Shahla Afravi, Zahra Abbaspoor, Simin Montazeri, Bahman Cheraghian • The effect of Hugo point pressure on postpartum pain in multiparous women
- 12 Agnieszka Bartoszek, Edyta Gałeziowska, Barbara Ślusarska, Hanna Kachaniuk, Katarzyna Piasecka, Alina Deluga, Renata Domżała-Drzewicka, Katarzyna Kocka, Grzegorz Nowicki • Quality of life and burden of informal caregivers providing care for patients with low function agility in the home environment
- 17 Filip Bielec, Emilia Kamińska, Rafał Dudek, Małgorzata Koziarska-Rościszewska, Jacek Rysz • Prevalence of insomnia and use of hypnotics in seniors from the Łódź Province, Poland
- 23 Fatemeh Ghodrati, Narjes Saadatmand, Saeid Gholamzadeh, Marzieh Akbarzadeh • The seven-year epidemiological study of legal abortion caused by heart disease, blood disorders, diabetes and hypertension as referred to forensic medicine centers in Fars Province
- 30 Yousef Hamidzadeh, Mina Hashemiparast, Hadi Hassankhani, Hamid Allahverdipour • Local-level challenges to implementing health education programs in rural settings: a qualitative study
- 35 Elżbieta Krajewska-Kułak, Agnieszka Kułak-Bejda, Piotr Kułak, Grzegorz Bejda, Mateusz Cybulski, Andrzej Guzowski, Cecylia Łukaszuk, Jolanta Lewko, Joanna Fiłon, Anna Pilecka, Wojciech Kułak • A comparative analysis of self-treatment in a population of medical students in 2012 and 2017
- 41 Lolita Rapolienė, Aelita Skarbaliénė, Lina Gedrimė, Daiva Mockevičienė, Artūras Razbadauskas • The influence of psychosocial factors on distress expression
- 47 Luiz Miguel Santiago, Pedro Paulo Marques, José Augusto Simões • Central Portuguese Doctors' agreement with the "Ten Commandments for patient-centred treatment"
- 53 R. Darmawan Setijanto, Taufan Bramantoro, Retno Palupi, Atika Hanani • The role of attitude, subjective norm, and perceived behavioral control (PBC) of mothers on teaching toothbrushing to preschool children – based on the Theory of Planned Behavior: a cross-sectional study
- 58 Mitra Tadayon, Parvaneh Mousavi, Zahra Abbaspoor • Female sexual function in users of combined oral and traditional contraceptive methods
- 62 Jin Yi Yap, Kaai Voon Tan, Sonny-Teo Khairy-Shamel • A 3-year retrospective review of corneal ulcers in Hospital Universiti Sains Malaysia
- 66 Grzegorz Zieliński, Marta Suwała, Michał Ginszt, Jacek Szkutnik, Piotr Gawda • The relationship between masticatory muscles activity and tinnitus – preliminary study

## REVIEWS

- 71 Hasan Abolghasem Gorji, Sanaz Royani, Mohammad Mohseni, Saber Azami-Aghdash, Ahmad Moosavi, Sepideh Gareh Sheyklo • Primary health care quality in Iran: a systematic review and meta-analysis
- 78 Jennifer Margaret Lovin, Nazih Khater, John A. Mata • A practical guide to cryptorchidism for the primary care physician